# Toxicology

Contents

Introduction

- **Toxicology** is the science that investigates the adverse effects of chemicals on health.
- It describes the relationship of the body?s response to different amounts of an agent such as a drug or toxin
- Routes of Entry : Ingestion,Inhalation,Dermal absorption,Ocular, etc.,
- Bio-monitoring is done for some toxic exposures such as blood lead levels or metabolites of chemicals (biomarkers).
- Threshold levels refers to the amount of a substance necessary to cause a response in the body.
- Toxicity can be generally broken down into two categories:
    - **Acute toxicity** refers to the rapid development of symptoms/effects after the intake of relatively high doses of the toxicant.Acute toxicity refers to immediate harmful effects generated by sufficiently large doses.
    - **Chronic toxicity** refers to the harmful effects of long-term exposure to relatively low doses of toxicant. This would include traces of pesticides in foods, air pollution, etc.A single compound may generate both acute and chronic toxic effects depending on the dose and duration of exposure.
- Drugs are taken voluntarily and often under the supervision of a licensed health care provider.Hazardous chemical exposures are most often involuntary.
- Host factors may impact the therapeutic or toxic effect of a drug or chemical.Age,Genetics,Weight,Drugs that a person may be taking,Pregnancy status and others
- The scientific pursuit of toxicology is typically divided between **Observational studies** looking at what effects result from exposure to a particular substance and **Mechanistic studies** which attempt to understand and explain the basis for such effects.These two activities form the basis of toxicology

Branches of Toxicology

- **Clinical toxicology**Involves the application of toxicological principles within a diagnostic setting, usually to determine whether a presenting adverse effect or disease or injury is due to some type of chemical exposure. This area of toxicology is typically practiced by a physician, nurse or other clinician, often times in consultation with the experimental toxicologist, who is in a position to better explain certain published experimental findings and whether they would be applicable to the case at hand.
- **Regulatory toxicology**- Relies on risk assessment and experimental data to determine the risk and benefits, or the costs and benefits of exposure to certain chemicals, to determine whether such chemical will be allowed in the public sphere and to what extent its use and exposure will be regulated. This field of toxicology probably has the greatest effect on our daily lives of all the different fields of toxicology. Deciphers and analyzes toxicological data for risk estimation, Solvent vapor thresholds in industry and Safe level for human drugs
- **Biochemical and Molecular Toxicology**- Determining mode of action of chemicals at the molecular level , Effect of chemicals on DNA,Cancer genes
- **Product Development Toxicology** - Service and pre-clinical toxicology for product development, Evaluation of full toxic potential of chemicals destined for drug use and Establishing safe dose for people
- **Risk assessment** - Determining probabilistically, outside the laboratory, the likelihood of an adverse effect based on a particular exposure scenario. This is not experimental activity, involves much more uncertainty about its findings and is as much art as science. It is conducted quantitatively, relying on mathematics and computer modeling, or qualitatively, relying more on experience and similar scenarios that have been previously looked at. Source

Comparative Toxicogenomics
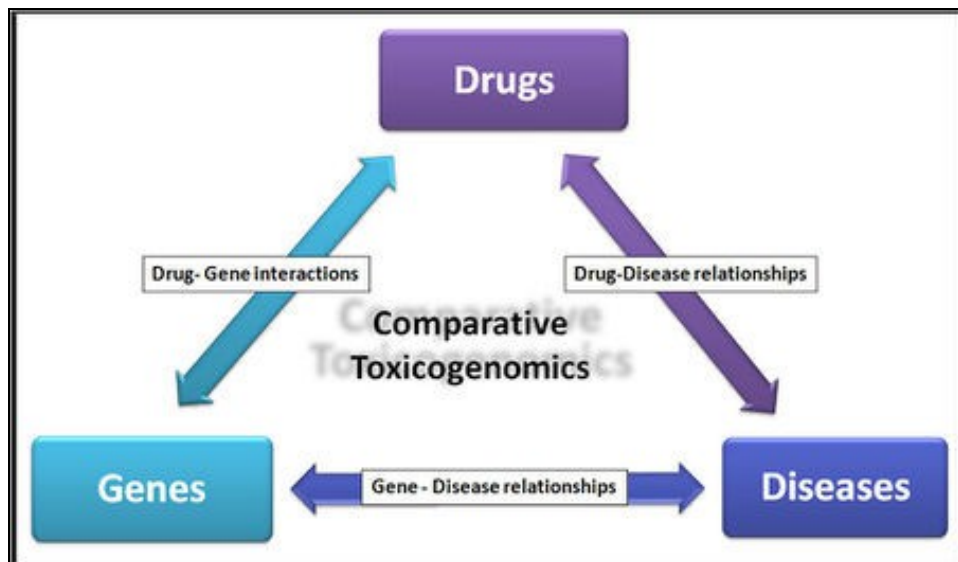
- It describes the relationships between Drugs,genes and human diseases.

- To study the effects of environmental chemicals on human health.

- The etiology of many chronic diseases involves interactions between environmental factors and genes that modulate important physiological processes. Chemicals are an important component of the environment. Conditions such as asthma, cancer, diabetes, hypertension, immunodeficiency, and Parkinson's disease are known to be influenced by the environment; however, the molecular mechanisms underlying these correlations are not well understood. Comparative Toxicogenomics database may help resolve these mechanisms.Source

Databases

Sample Example

Cyclopropavir (CPV,ZSM-I-62,MBX400)has been shown to be potent against beta-and gamma-herpes viruses Here is the study conducted to test the toxicology and pharmacokinetics of this active on rat

Summary of Primary Pharmacokinetic, Toxicokineticand Toxicology Studies						
Species (Strain)	**Study Type**	**Route**	**Dose (mg/kg)**	**No. of Animals per Sex**		**GLP?**
				M	**F**	
Rat (Sprague Dawley)	Single Dose Pharmacokinetic	i.v.	10	9	-	No
		oral	1	9	-	
			5	9	-	
			10	9	-	
	Single Dose Acute Toxicity	Oral	0	5	5	Yes
			50	5	5	
			100	5	5	
			300	5	5	
	14-Day Toxicity/Toxicokinetic	Oral	0	15 + 9 TK	15 + 9 TK	Yes
			10	10 + 9 TK	10 + 9 TK	
			50	10 + 9 TK	10 + 9 TK	
			100	15 + 9 TK	15 + 9 TK	

Single-Dose Pharmacokinetic and ToxicokineticParameters										
Species (Strain)	**Study**	**Route**	**Dose (mg/kg)**	**No. of Animals**		**AUC0-?(ng?hr/mL)**	**t1/2(hr)**	**Cmax(ng/mL)**	**Tmax(hr)**	**F (%)**
				M	**F**					
Rat (Sprague Dawley)	Single Dose PK	i.v.	10	9	-	10735	2.34	14500	0.083	-
		Oral	1	9	-	494	1.09	262	0.5	46.0
			5	9	-	1638	1.23	590	0.5	30.5
			10	9	-	2435	1.12	739	0.5	22.7
	14-Day Toxicity/TK	Oral	10	9	-	2413	1.51	612	1.00	-
				-	9	1843	3.74	682	0.50	-
			50	9	-	7671a	ND	1517	2.00	-
				-	9	7055	3.08	1131	2.00	-
			100	9	-	11749	3.30	1763	1.00	-
				-	9	9129a	ND	1175	4.00	-

						Mean Corpuscular Volume (femtoliter)	Mean Corpuscular Hemoglobin (pg)	Mean Corpuscular Hemoglobin Conc. (g/dL)	
Selected Hematology Data from Rat Single-Dose -Escalating Toxicology St									
Species (Strain)	**Sex**	**Dose (mg/kg)a**	**Red Blood Cell Count(1x106/?L)**	**Hemoglobin (g/dL)**	**Hematocrit(%)**	**Mean Corpuscular Volume (femtoliter)**	**Mean Corpuscular Hemoglobin (pg)**	**Mean Corpuscular Hemoglobin Conc. (g/dL)**	**Reticulocytes(1x**
Rat (Sprague Dawley)b	M	0	6.94±0.221	14.3 ±0.48	44.5 ±1.89	64.1 ±1.52	20.6 ±0.36	32.2 ±0.33	544.5 ±30.82
		300	7.27 ±0.537	14.7 ±0.70	48.0 ±3.02	63.4 ±2.37	20.2 ±0.81	31.9 ±0.80	503.3 ±67.80
	F	0	7.29 ±0.150	14.8 ±0.23	44.7 ±0.58	61.2 ±0.58	20.3 ±0.25	33.2 ±0.24	353.2 ±10.97
		300	7.55 ±0.185	15.2 ±0.28	45.6 ±1.11	60.4 ±4.41	20.1 ±0.52	33.3 ±0.38	333.0 ±52.44

Safety Pharmacology Studies							
Species (Strain)	Study Type	Route	Dose (mg/kg)	No. of Animals M	No. of Animals F	GLP?	Results
Rat (Sprague Dawley)	Central Nervous System	Oral	0	6	6	Yes	Cyclopropavirhad no effect on clinical signs, body weight or Irwintest results
			10	6	6		
			50	6	6		
			100	6	6		

Selected Clinical Chemistry Data from Rat Single-Dose Escalating Toxicology Studies											
Species (Strain)	**Sex**	**Dose (mg/kg)**	**Urea Nitrogen (mg/dL)**	**Creatinine(mg/dL)**	**Total Protein (g/dL)**	**Albumin (g/dL)**	**Globulin (g/dL)**	**Albumin Globulin Ratio**	**Calcium (mg/dL)**	**Phosphorus (mg/dL)**	**Sodium (mmol/L)**
Rat (Sprague Dawley)a,b	M	0	14 ±1.1	0.5±0.00	5.7 ±0.24	4.0 ±0.12	1.7 ±0.05	2.4 ±0.09	10.8 ±0.11	11.0 ±0.51	147 ±1.3
		300	13 ±1.3	0.5 ±0.00	5.8 ±0.43	4.1 ±0.12	1.7 ±0.11	2.4 ±0.13	10.9 ±0.28	10.6 ±0.27	148 ±1.6
	F	0	15 ±1.3	0.6 ±0.05	6.0 ±0.18	4.4 ±0.05	1.7 ±0.18	2.7 ±0.31	11.1 ±0.30	9.5 ±0.40	147 ±1.0
		300	15 ±2.3	0.5 ±0.04	6.1 ±0.18	4.6 ±0.08	1.6 ±0.17	3.0 ±0.35	11.3 ±0.11	9.7 ±0.72	147 ±2.3

Summary

Pharmacokinetic data (plasma)

- In the single dose rat PK study, exposure was less than dose proportional
- Orally bioavailable
- Rat 10 mg/kg oral Cmax: 739 ng/mL(2.8 ?M)
- Rat 10 mg/kg intravenous Cmax: 14,500 ng/mL(55 ?M)

Toxicokineticdata (plasma)

- Exposure generally increased with increasing doses
- Plasma concentrations were generally higher after the first dose than after the fourteenth daily dose
- Cmaxvalues in the rat were 1175 and 977 ng/mLin females (4.5 and 3.9 ?M) and 1763 and 1026 ng/mLin males (6.7 and 3.7 ?M) at 100 mg/kg after 1 day and 14 days of dosing, respectively

Toxicology studies

- Maximum tolerated dose 300 mg/kg (oral; rat)
- Few toxic signs in expected therapeutic range
- Toxicology studies established target organ(s)which are similar to other drugs in class: kidney and possibly hematologic system
- Toxicology studies paired with pharmacology data show acceptable margin of safety